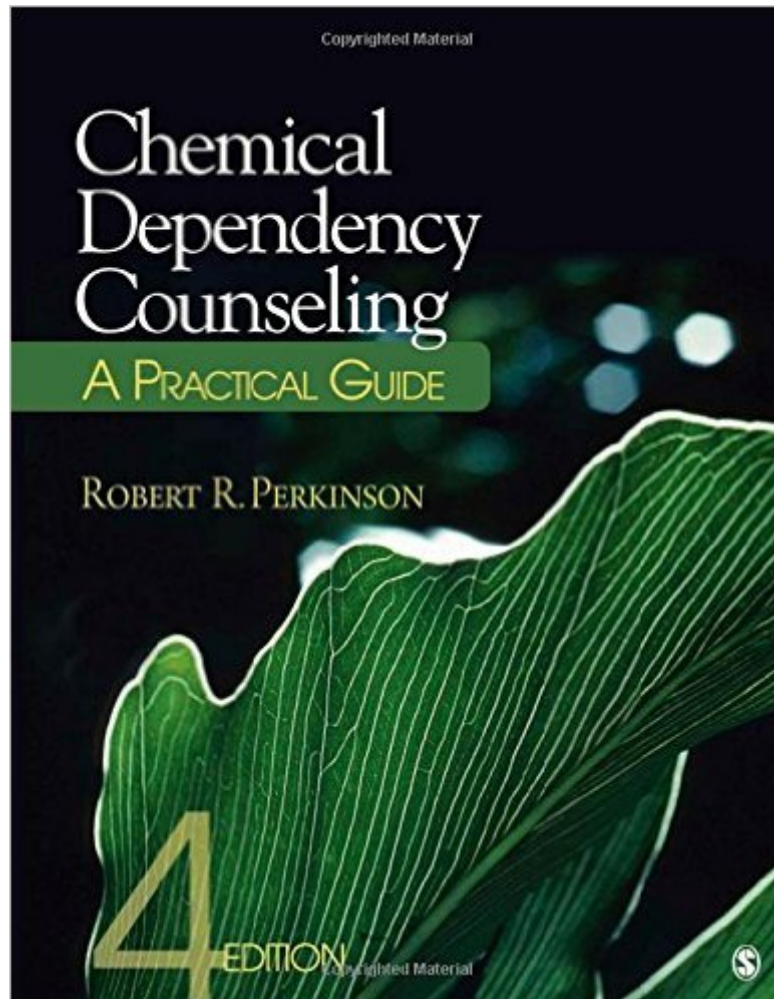


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# Chemical Dependency Counseling: A Practical Guide



## Synopsis

Chemical Dependency Counseling is a best-selling comprehensive guide for counselors and front-line professionals who work with the chemically dependent and addicted in a variety of treatment settings. The text shows the counselor how to use the best evidence-based treatments available, including motivational enhancement, cognitive behavioral therapy, skills training, medication and 12 step facilitation. Guiding the counselor step-by-step through treatment, this volume presents state-of-the-art tools, and forms and tests necessary to deliver outstanding treatment and to meet the highest standards demanded by accrediting bodies.

## Book Information

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## Customer Reviews

At the last American Society of Addiction Medicine meeting in New York, I found out that most treatment centers were using this book. I read the text and I can see why. The book tells you how to do everything you need to know to treat addiction well. Besides, it makes you feel good about yourself and what you do as a counselor. The book is incredibly loving and healing for anyone to read, even the patient. It contains all of the tests and exercises needed to take a patient through treatment. It leaves no stone unturned.

Perkinson is competent and caring, structured and paced. But it's a bit old, as if all CD treatment was unadulterated Minnesota Model, 28 day inpatient care. Now, in fact, more than 1/2 of those facilities have died on the vine due to managed care, and outpatient rules. Plus we've got patient

placement criteria, all kinds of research from Project MATCH and etc., and new techniques like motivational enhancement, stages of change. Maybe if Perkinson put out a second edition and updated it, we'd find it more useful

This book is a must for every clinician working in the field. I use the material working with both adult and adolescent clients. The concepts are written in a manner which make it appropriate for any group/individual regardless of age, sex, education level, or ethnic background. The Spirituality exercises are the best I have ever seen.

No bones about it, this book is the real deal. I have been a counselor a long time and this is exactly what we do. No complex theories to bore you, no useless jarjon, just the facts. It is what the field has needed a long time. Most books are boring but this one is fun. It made me feel good about myself.

I love this book, it is a easy read and interesting. 4 stars because it is big and heavyUpdateit's the end of the semester and I enjoyed reading this book, and i passed my class lol. I will be attempting to purchase this book for my collection. I read where one person said the material is old. well i don't know about that but from my perspective this book has valuable information, and it saved my butt on a job interview when i was asked about certain strategies for the scenario they provided.it's still a huge book which i will not carry to class fyi (not like that could have changed) I did find myself wishing i had it in class though, for participation reasons

This book came the other day. It was bran new. And wrapped in protective wrap. No issues there. My only concern was that the books title, author and isbn number were ALL on the address label! I had been keeping hush about the courses I was taking because I am older student and was not sure if I would make it through. BUT NOW I was exposed! lol.....sorta!

I had to buy this textbook for a class on counseling chemically dependent clients. However, considering all of the textbooks I have bought in pursuing my master's degree in counseling, this has by far been the best. I will definitely be hanging onto it and using it as a resource.It has a terrific index of different things that may be helpful when treating chemically dependent clients.

Furthermore, the chapters in the book do a great job of explaining and giving an introduction to chemical dependency.

This book is on point, I love it! I would recommend this book to anyone desiring complete and accurate information concerning chemical dependency. This book is great for this beginning therapist or any seasoned counselor. I find it hard to stop reading some of what I have already learned. Anyway, this book goes further into grave detail, 'as I continue reading each chapter, the book becomes more of an eye opener, it becomes realistic about everyday situations that the average substance abuser faces in this world today. This book helps me by giving a lot details about what to do, how to do it and how any therapist and others can help substance abuse's recover and maitain sobriety. What a great book, one of the best books that I have enjoyed reading since I have been enrolled in college. Having said that, Mr. Robert R. Perkinson, you must receive a five star rating from a student who will be granduating from Ivy Tech Community College (Sellersburg, IN) soon. You can believe that this book will be with me after I graduate, when I get my first job working as a substance abuse therapist, and, I have got to take this book back home so that I can have it with me at all times, Amen, Amen. Anna Marie Sutton

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